



TATTOO AFTERCARE INSTRUCTIONS

Always wash your hands with liquid unscented antibacterial soap and warm water before touching your tattoo.



Bandage Removal

- Keep your dermal bandage on for **2-3 days** (up to 1 week if tolerated).
- Remove in the shower by lathering edges and pulling straight **down and flat against the skin** (not up and away).
- Wash your tattoo gently with **unscented liquid antibacterial soap**.
- Pat dry with a **disposable paper towel** (never a cloth towel).
- **Do not re-bandage** unless advised by artist. In some cases with excessing bleeding your artist may have you **re-bandage only after 24 hours**.

Moisturizing

- Apply a **very thin layer of Aquaphor** or similar healing ointment **2-3 times daily** for the first **3-5 days**.
- Once peeling begins switch to an **unscented lotion** until fully healed.

If You Cannot Use Dermshield/Have Adhesive Allergies

- Wash tattoo gently 2-3 times daily with unscented soap.
- Pat dry with a disposable paper towel.
- Apply a very thin layer of Aquaphor 2-3 times daily for 3-5 days.
- Switch to unscented lotion after initial peeling starts.
- Do not re-cover the tattoo unless advised.

Don't touch Unnecessarily.



What to Avoid

- **No bar soap** (harbors bacteria).
- **No soaking** until fully healed (pools, lakes, hot tubs, baths, etc.).
- **No hydrogen peroxide or alcohol** (too harsh).
- **No heavy ointments or salves** (Neosporin, Vaseline, petroleum jelly, tallow).
- **Don't pick or scratch** scabs or flakes.
- **Avoid direct sunlight and tanning** until healed.
- **Avoid strenuous exercise**, sweating, or gym equipment for the first week.
- **Use common sense**. Follow advice from medical professionals or your artist.

What's normal / What's not

✓ Redness, mild swelling, peeling, itching

✗ Pus, spreading redness, severe swelling, fever - Call the studio or seek medical care.

📞 Studio Phone: (608) 399-1204

Pain & Swelling

- You may use over the counter ibuprofen or naproxen if needed.



Studio Standards

- Nitrile gloves only (no latex).
- Disposable, single-use needles/tubes for every tattoo.
- Supplies purchased from licensed, reputable vendors.
- Licensed and inspected annually by the Wisconsin Department of Safety and Professional Services ensures the highest quality and safety standards.
- Rita Lyström has been a professionally licensed tattooist since 2014 and keeps up with state inspections and best practices in hygiene and safety.



Check-Ups & Touch-Ups

- Every tattoo at Blood Eagle is guaranteed, and you're welcome to stop in for a check up anytime.
- A check up at **2-3 weeks** can be helpful if you are unsure about your healing.
- Touch-ups cover **normal healing adjustments**, not design changes or additions. Ask your artist about policy.
- Protect your tattoo long-term: Once healed, **use sunscreen** to prevent fading and **moisturize regularly** to keep your skin healthy and your tattoo vibrant.

IT IS VERY IMPORTANT TO FOLLOW ALL AFTER CARE INSTRUCTIONS GIVEN HERE AND AS INSTRUCTED BY YOUR ARTIST TO ENSURE PROPER HEALING.



Let us know how we are doing
and leave a review!

Questions or Concerns?

Call: (608) 399-1204
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